



# Busto's Fitness Class Schedule

310 Main St. Holbrook, NY 11741

(631) 676-5831



	Kickboxing	Boot Camp
Monday	6:00 - 7:00 PM	7:45 - 8:45 PM
Tuesday	5:30 - 6:30 PM	8:00 - 9:00 PM
Wednesday	6:00 - 7:00 PM	8:00 - 9:00 PM
Thursday	5:30 - 6:30 PM	8:00 - 9:00 PM
Friday	6:00 - 7:00 PM	
Saturday	9:45 - 10:45 AM	8:00 - 9:00 AM

**Kickboxing: Punching, Kicking, and Cardio!**

**Boot Camp: Toning and Muscle Building!**

**Holiday Closings:** Easter Day, Memorial Day, Independence Day, Labor Day, Halloween, Thanksgiving Day, Christmas Eve/Day, New Years Eve/Day