



Belt	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TINY TIGERS AGES 3-4						
Tiny Tigers 3-4	3:30 - 4:00 PM 5:00 - 5:30 PM		3:45 - 4:15 PM		5:45 - 6:15 PM	9:00 - 9:30 AM
TIGERS AGES 5-7 BEGINNER						
White, ½ Yellow, Yellow, ½ Orange, Orange	5:30 - 6:10 PM		4:30 - 5:10 PM	5:30 - 6:10 PM		9:45 - 10:25 AM
½ Purple, Purple, ½ Blue, Blue, ½ Green		5:30 - 6:10 PM		4:45 - 5:25 PM	4:15 - 4:55 PM	11:15 - 11:55 AM
DRAGONS AGES 8-12 BEGINNER						
White, Yellow, Orange		4:45 - 5:25 PM	5:15 - 5:55 PM		6:15 - 6:55 PM	10:30 - 11:10 AM
Purple, Blue	4:15 - 4:55 PM		6:45 - 7:25 PM		5:00 - 5:40 PM	11:15 - 11:55 AM
TIGERS AND DRAGONS AGES 5-12 INTERMEDIATE AND ADVANCED						
Green	4:15 - 4:55 PM		6:45 - 7:20 PM		5:00 - 5:40 PM	11:15 - 11:55 AM
Brown and Black Belt Candidates		4:00 - 4:40 PM		6:15 - 6:55 PM	7:00 - 7:40 PM	12:45 - 1:25 PM
Brown (all levels)	7:00 - 7:40 PM			4:00 - 4:40 PM	7:00 - 7:40 PM	12:45 - 1:25 PM
STORM TEAM AGES 5 to 12						
S.T.O.R.M. Team 5-12	6:15 - 6:55 PM Weapons	6:15 - 6:55 PM MMA	6:00 - 6:40 PM MMA			12:00 - 12:40 PM MMA
TEENS AND ADULTS AGES 13 & UP						
Teens Track A		7:00 - 8:00 PM		7:00 - 8:00 PM		1:30 - 2:30 PM
Teens Track B		7:30 - 8:30 PM		7:30 - 8:30 PM		1:30 - 2:30 PM
Adults All Levels		8:00 - 9:00 PM		8:00 - 9:00 PM		
S.T.O.R.M. Team 13+		6:15 - 6:55 PM MMA	7:30 - 8:15 PM MMA			
Comp Class	7:45 - 8:30 PM					2:30 - 3:30 PM
Adult CTS					7:45 - 8:45 PM	3:00 - 4:00 PM

Storm Team

This group is intended to allow members (ages 5+) the opportunity to experience other aspects and discipline of the study of martial arts that are not explored in everyday out. Meeting and learning from new friends with varying levels of discipline will enrich your journey through the study of martial arts. All students **blue belt and higher** are required to have storm team memberships.

M.M.A. Class

This class will combine Striking and Grappling. It will enable the student to feel what it is like to fight in live time. Reflexes and contact are an essential part of this class. This class will develop confidence in your techniques. This class is a requirement for Blue Belt and above.



Weapons Class

This class will cover the Staff & Nunchuckus as the primary weapons. In this class the students will learn new and fun movements that are outside of the curriculum. Weapons class will also have Tricking (karate with gymnastic movements.)

Please see the front desk for more information on joining. Thank you!

We would like to thank our Busto's Community for over thirty years of support! We are honored to serve you, your family & friends

HOLIDAY CLOSINGS: EASTER / MEMORIAL DAY / 4TH OF JULY / LABOR DAY / HALLOWEEN / THANKSGIVING DAY / CHRISTMAS EVE/DAY / NEW YEARS EVE/DAY